

# M.Phil CLINICAL PSYCHOLOGY

Recorded Classes & MCQs



**2022**  
COURSE PROSPECTUS

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# Result Matters...!! 2021 – Batch



1st RANK , IMHANS



Shamla Ashraf

*"The coaching from RUFA helped me immensely in my preparation for my M.Phil entrance examination. Recorded classes and Daily mock tests helped really well in studying each topic from the syllabus." - IMHANS Rank Holder*

*M.Phil Clinical Psychology entrance batch - 2021*



Saktishree SK

*"I thank RUFA Education and the entire faculty. I got to learn so much more and all the tests that we wrote really helped when I answered the paper. The members of the group and all the peer discussion over the group also played a huge role in finding the right answer to questions. Over the past few months, I got to learn so much more and I am really grateful to the RUFA team for that. I had many personal requests as well due to varied entrance dates but all the teachers from RUFA were very patient in directing me the right way and providing with material. It really helped me prepare well for the exam and the interview. I am immensely grateful to have come across RUFA and to have learnt a lot from here."*

*(Rank 6 , JSS Medical College-Mysore)*

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# Result Matters...!! 2021 – Batch



Prabhleen Kaur Chawla

*Thank you so much to the teachers and the institution! From study materials to classes and mock question sessions. Everything. I am highly indebted.*

*(Secured Admission for MPhil in Clinical Psychology (2022-2024), PGIBAMS Raipur)*



Sonam Mathew

*RUFA has played a major part in improving my knowledge. I would like to say a big thank you, to the faculty for putting in effort to present comprehensive materials which enhanced familiarity with topics. Also, the mock tests acted, as a guide, to help understand areas which required improvement. I appreciate everyone at RUFA for being extremely supportive.*

*(Selected for MPhil in Clinical Psychology (2022), Manipal Academy of Higher Education)*

- Rituparna Mohanty - Rank 9 , PGIBAMS Raipur - 2021
- Gayathry A - Rank 15 , PGIBAMS Raipur - 2021
- Anagha P - National Forensic Sciences University, Gujarat - 2022
- Chikku Mary Peters - Amrita Vishwa Vidyapeetham, Kochi - 2022
- And many more..

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# ABOUT RUFA



RUFA is an initiative by a team of eminent scholars and experts in the field of education including retired professors, research scholars, consultants and clinical practitioners. Our team is dedicated to serve the student community in preparing them to excel in their field. RUFA is in the mission to impart the benefits of new and advanced learning platforms and methods to the whole of society at an affordable cost.

## Departments

- Psychology
- Arabic
- Commerce
- UGC NET/JRF
- PSC
- Medical and Engineering Entrances (+2)

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# WHY CHOOSE RUFA



## 👉 Brainstorm topics

Our discussion board lets you interact with students and educators to share, analyze and critically evaluate latest revisions and current trends on subject of interest, which enables effective interactive learning that helps you understand each topic in detail.

## 👉 Interactive Live sessions & Recorded classes

We provide a space tailored to your needs that encourage concept oriented learning from the comfort of your home or in live interactive spaces by our professionals and faculties providing informative and in-depth education

## 👉 Content oriented materials

RUFA provides concise, researched, rich content-oriented learning materials prepared by professionals in their field of expertise.

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The bottom of the slide features several horizontal orange lines of varying lengths, some with diagonal lines extending outwards, creating a modern, geometric design.



🔍 **Entrance exam oriented intense preparations**

RUFA engages our students with rigorous training targeted at mastering the various entrance examinations including M.Phil, P.G, Ph.D. programs.

🔍 **Smart learning with previous years' papers and daily MCQs**

We train our students to gain sharp focus and face exams effectively using previous patterns of various entrance examinations and daily updated multiple choice question test set

🔍 **Personalized doubt clearing and monitoring**

We cater individualized doubt clearing and explanatory sessions conducive to students' specific learning styles, from simplest to highly abstract concepts. This ensures everyone gets a fair value from our classes.

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Our latest user-friendly, advanced technology-based platform made easy for students to engage attentively and learn with enthusiasm while monitoring progress based on your performance.

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# COURSE DETAILS



## MPhil Clinical Psychology Entrance Preparation: 2022

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The course would help MPhil aspirants to familiarize themselves with commonly asked MCQs and gain conceptual knowledge in various topics. Website-assisted practice tests and downloadable result analysis provides live feedback on current performance and helps you to identify specific areas that require improvement. Live and recorded classes with doubt-clearing sessions from eminent faculty, will help improve your preparation further.

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# FEE



## Premium Courses

FEE	Details	Validity
6000/-	35+ Live and Recorded Classes + MCQs	6 Months Class ends: Sep 30th 2022

## Lite Courses

FEE	Details	Validity
3999/-	Recorded Classes(2022) and MCQs	6 Months
999/-	MCQs (3000+) Only	6 Months

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# FACULTIES



## Our Faculties : 2022



**Ms. Deena Varghese**

RCI Licensed Clinical Psychologist Aster MIMS-Kannur. MPhil-IMHANS. UGC NET Qualified. IMHANS Entrance 1st Rank Holder



**Ms. Lakshmi Priya MD**

MPhil in Psychology- Calicut University. Assistant Professor- St. Xavier's College. UGC NET Qualified



**Ms. Sruthy Nair**

MPhil in Forensic Psychology - National Forensic Sciences University. UGC NET qualified. FPACT qualified. NFSU entrance 1st rank holder



**Ms. Sheeba Parveen**

RCI Licensed Clinical Psychologist: Integral Institute of Medical Sciences and Research - Lucknow. MPhil - King George Medical University.



## ACADEMIC CALENDAR

Class	Chapter	Sub-part
1,2,3	Abnormal Psychology	<ul style="list-style-type: none"><li>• Theories of abnormality/ Classification system</li><li>• Types of abnormality/ Diagnosis</li><li>• Intervention/ Treatment</li></ul>
4,5,6	Biological Psychology & Stress	<ul style="list-style-type: none"><li>• Nervous system/ Neurotransmitters</li><li>• Endocrine system, Sleep and Human physiology</li><li>• Neuropsychology, Imaging and Assessments</li></ul>
7,8,9	Developmental Psychology	<ul style="list-style-type: none"><li>• Theories of Development</li><li>• Development in the womb: Biology and Genetics</li><li>• Attachment, Temperament, Attitude, Parenting and research</li></ul>
10,11,12	Introduction to Psychology	<ul style="list-style-type: none"><li>• History and Origins of Psychology</li><li>• Major schools of modern scientific psychology</li><li>• Psychological Processes</li></ul>
13,14,15	Memory and Problem Solving	<ul style="list-style-type: none"><li>• Memory , Theories</li><li>• Forgetting</li><li>• Language and Problem solving</li></ul>



Class	Chapter	Sub-part
16,17,18	Motivation, Emotion and Consciousness	<ul style="list-style-type: none"><li>• Motivation</li><li>• Emotion</li><li>• Consciousness, Sleep</li></ul>
19,20,21	Personality and Intelligence	<ul style="list-style-type: none"><li>• Personality theories</li><li>• Assessment of personality</li><li>• Intelligence and assessments</li></ul>
22,23,24	Psychological Testing	<ul style="list-style-type: none"><li>• Introduction and Basic concepts of testing</li><li>• Test construction</li><li>• Intelligence and Personality tests</li></ul>
25,26,27	Psychotherapy	<ul style="list-style-type: none"><li>• Affective Psychotherapy, Group therapies and Biomedical treatments</li><li>• Behavioural therapies</li><li>• Cognitive therapies and Systemic therapies</li></ul>
28,29,30	Research and Statistics	<ul style="list-style-type: none"><li>• Research methodology, Design/types</li><li>• Descriptive statistics</li><li>• Inferential statistics</li></ul>
31,32,33	Sensation, Perception, Attention, Thinking, and Learning.	<ul style="list-style-type: none"><li>• Sensation, Perception and Attention</li><li>• Thinking and Language</li><li>• Learning and Ethology</li></ul>



Class	Chapter	Sub-part
34,35,36	Social Psychology	<ul style="list-style-type: none"><li>• Conformity, Obedience, Compliance</li><li>• Attribution, Attitude, Self perception</li><li>• Group behaviour, Leadership</li></ul>
37	Previous Years' Questions Discussion	
38	Interview Tips	



## MCQ Sets: Chapter Based



Set No.	Chapter	Details
1,2,3	Abnormal Psychology	<ul style="list-style-type: none"><li>• 3 MCQ Sets</li><li>• 50 Questions each</li></ul>
4,5,6	Biological Psychology & Stress	<ul style="list-style-type: none"><li>• 3 MCQ Sets</li><li>• 50 Questions each</li></ul>
7,8,9	Developmental Psychology	<ul style="list-style-type: none"><li>• 3 MCQ Sets</li><li>• 50 Questions each</li></ul>
10,11,12	Introduction to Psychology	<ul style="list-style-type: none"><li>• 3 MCQ Sets</li><li>• 50 Questions each</li></ul>
13,14,15	Memory and Problem Solving	<ul style="list-style-type: none"><li>• 3 MCQ Sets</li><li>• 50 Questions each</li></ul>
16,17,18	Motivation, Emotion and Consciousness	<ul style="list-style-type: none"><li>• 3 MCQ Sets</li><li>• 50 Questions each</li></ul>
19,20,21	Personality and Intelligence	<ul style="list-style-type: none"><li>• 3 MCQ Sets</li><li>• 50 Questions each</li></ul>



Set No.	Chapter	Details
22,23,24	Psychological Testing	<ul style="list-style-type: none"><li>• 3 MCQ Sets</li><li>• 50 Questions each</li></ul>
25,26,27	Psychotherapy	<ul style="list-style-type: none"><li>• 3 MCQ Sets</li><li>• 50 Questions each</li></ul>
28,29,30	Research and Statistics	<ul style="list-style-type: none"><li>• 3 MCQ Sets</li><li>• 50 Questions each</li></ul>
31,32,33	Sensation, Perception, Attention, Thinking, and Learning.	<ul style="list-style-type: none"><li>• 3 MCQ Sets</li><li>• 50 Questions each</li></ul>
34,35,36	Social Psychology	<ul style="list-style-type: none"><li>• 3 MCQ Sets</li><li>• 50 Questions each</li></ul>



## MOCK TEST: Mixed Chapters



Set No.	Chapter	Details
1	Mock Test 1	<ul style="list-style-type: none"><li>• 100 Questions from 1st chapter</li></ul>
2	Mock Test 2	<ul style="list-style-type: none"><li>• 100 Questions from 2nd chapter</li></ul>
3	Mock Test 3	<ul style="list-style-type: none"><li>• 100 Questions from 3rd chapter</li></ul>
4	Mock Test 4	<ul style="list-style-type: none"><li>• 100 Questions from 4th chapter</li></ul>
5	Mock Test 5	<ul style="list-style-type: none"><li>• 100 Questions from 5th chapter</li></ul>
6	Mock Test 6	<ul style="list-style-type: none"><li>• 100 Questions from 6th chapter</li></ul>
7	Mock Test 7	<ul style="list-style-type: none"><li>• 100 Questions from 7th chapter</li></ul>
8	Mock Test 8	<ul style="list-style-type: none"><li>• 100 Questions from 8th chapter</li></ul>
9	Mock Test 9	<ul style="list-style-type: none"><li>• 100 Questions from 9th chapter</li></ul>



Set No.	Chapter	Details
10	Mock Test 10	<ul style="list-style-type: none"><li>• 100 Questions from 10th chapter</li></ul>
11	Mock Test 11	<ul style="list-style-type: none"><li>• 100 Questions from 11th chapter</li></ul>
12	Mock Test 12	<ul style="list-style-type: none"><li>• 100 Questions from 12th chapter</li></ul>
13	GRAND MOCK TEST 1	<ul style="list-style-type: none"><li>• 100 Questions</li><li>• Mixed Chapters</li></ul>
14	GRAND MOCK TEST 2	<ul style="list-style-type: none"><li>• 100 Questions</li><li>• Mixed Chapters</li></ul>
15	GRAND MOCK TEST 3	<ul style="list-style-type: none"><li>• 100 Questions</li><li>• Mixed Chapters</li></ul>
16	GRAND MOCK TEST 4	<ul style="list-style-type: none"><li>• 100 Questions</li><li>• Mixed Chapters</li></ul>
17	GRAND MOCK TEST 5	<ul style="list-style-type: none"><li>• 100 Questions</li><li>• Mixed Chapters</li></ul>



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RUFA EDUCATION

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